

MAKE A LIFE

Welcome!

**BUILDING YOUR FIRST
MEMORY JOGGER**



MONEY
TIME

?

What Is Relational Capital?

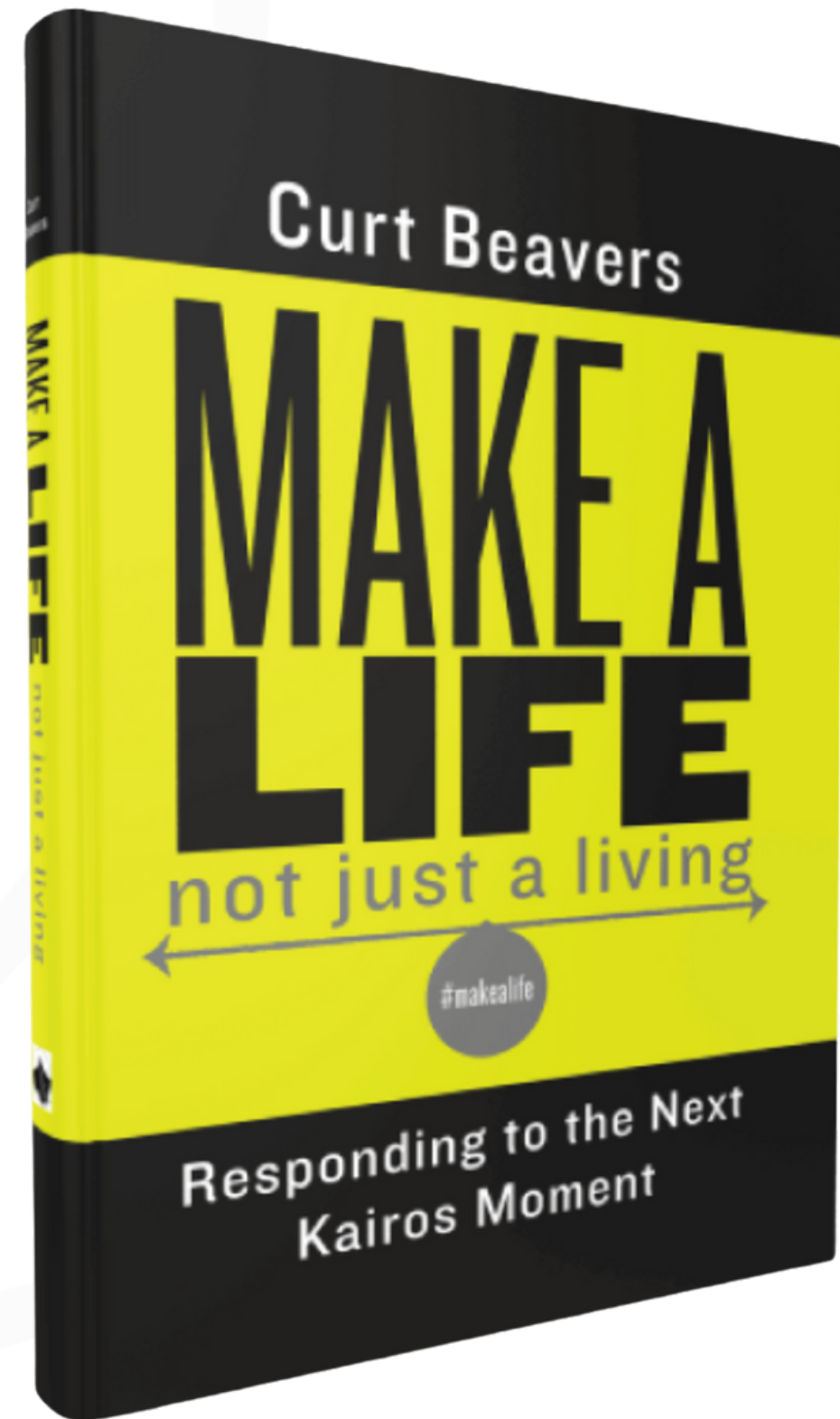




THE KEY TO A SUCCESSFUL BUSINESS IS LEARNING TO LEVERAGE RELATIONAL CAPITAL



Lori And I's STORY



WHO DO I TALK TO?

SOCIAL MEDIA

Friends on Facebook
Friends of friends on Facebook
Twitter followers
Instagram followers
Other social media platform followers

LIST YOUR WARM MARKET

Cell phone contacts
Address book contacts
Email contacts
Recent business cards collected
Christmas card list
Closest friends
Boss/Co-workers (current/former)
Child Care/Day Care Provider/Owner
House Cleaner/Maid
Neighbors
Teachers (current and former)
Fitness Professionals

YOUR RELATIVES

Aunts
Brothers/Brothers-in-law
Cousins
Daughters/Daughters-in-law
Father/Fathers-in-law
Grandkids
Grandparents

Sisters/Sisters-in-laws
Sons/Sons-in-law
Uncles

I KNOW SOMEONE WHO'S A

Agriculturalist
Antique Dealer
Art Instructor
Avon/Mary Kay Rep
Bank Teller
Bottled Water Supplier
Bus Driver

Furniture Salesmen
Grocery Store Manager
Hairdresser
Hotel/Motel Manager or Owner
Judge
Karate Teacher
Lab Technician
Librarian
Massage Therapist
Monument Business
Music Teacher
Notary Public
Nurse
Office Manager
Pampered Chef/Tupperware Rep
Pilot/Stewardess
Policeman/woman
Probation Officer
Restaurant owner
Scuba instructor
Seamstress
Secretary
Security Guard
Sheriff
Speech Therapist
Sports Team Member
Student
Supermarket Manager

Welder
Yoga/Work out Instructor
Caregiver to a family member
Is in my Book Club
Is in my Quilt Guild
Is in my Elks/Rotary/Lions Club
Lives down the street
Mows my lawn
Owns my House/Apartment
Remodeled my house
Repaired my TV or appliances

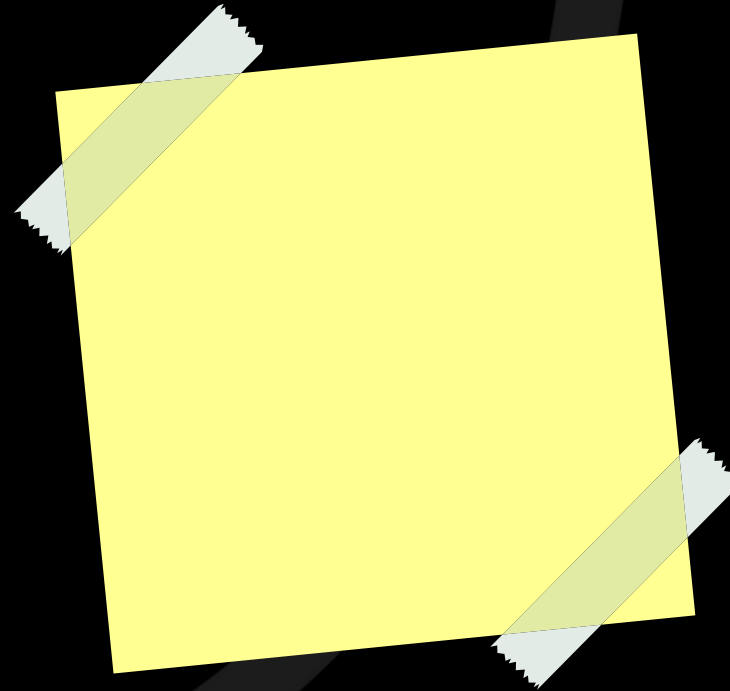
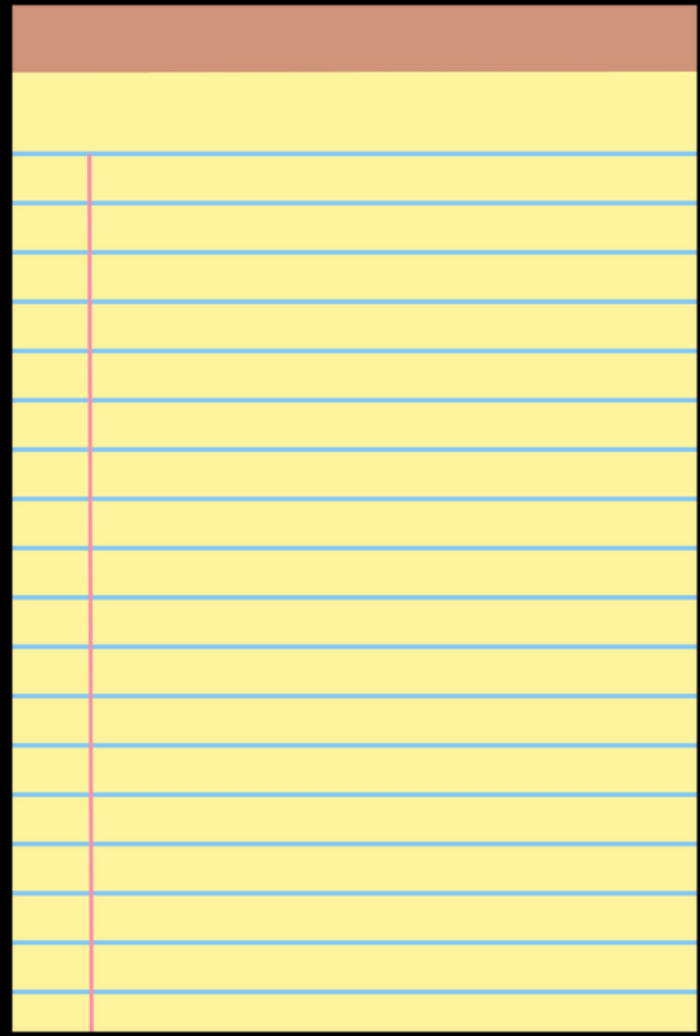
Children's friend's parents
Church members
Club members
College friends
Computer Tech
Convenience Store Manager
Dental Hygienist
Dentist/Doctors (your kid's too)
Dermatologist
Fishing/hunting buddies
Financial planner
Garage Mechanic
Golf buddies
Gynecologist
Hairdresser/barber
High school friends
Hunting buddies
Insurance Agent(s)
Interior Decorator
ISP Support Person
Jeweler
Landlord
Landscape
Lawyer
Leasing Agent
Mailman
Maintenance Person
Manicurist
Minister/Pastor & wife
Nutritionist Optometrist
Paperboy
Party Planner
Personal Trainer
Pet Groomer
Pharmacist
Photographer
Piano Teacher
Previous co-workers
Previous neighbors
Property Manager
Real Estate Agent
Retired Co-workers
Retired Friends
Scrapbook/quilting friends

makealife.com/whodoiknow

STEP TWO

GET ORGANIZED

A thick, bright yellow brushstroke underline is positioned below the text 'GET ORGANIZED'. It consists of three horizontal strokes of varying lengths and thicknesses, creating a hand-drawn, energetic effect.



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	A	B	C	D	E	F	G	H	I	M	N	
1	Basic											
2	First name	Last name	Mobile Phone	Email	City	State	How Do You know Them	Preferred Contact Method	Advanced >>>			
3	Maggie	Garcia	555-555-1234	maggie.garcia@example.com	San Francisco	CA	Coworker	Email				
4	Timothy	Nguyen	555-555-5678	timothy.nguyen@example.com	Los Angeles	CA	Friend	Phone				
5	Leah	Martinez	555-555-9012	leah.martinez@example.com	Seattle	WA	Classmate	Text				
6	Jacob	Sanchez	555-555-3456	jacob.sanchez@example.com	Denver	CO	Friend of a friend	Text				
7	Amy	Phillips	555-555-7890	amy.phillips@example.com	New York	NY	Acquaintance	Text				
8	Scott	Wong	555-555-2345	scott.wong@example.com	Chicago	IL	Colleague	Phone				
9	Allison	Ross	555-555-6789	allison.ross@example.com	Detroit	MI	Classmate	Phone				
10	Daniel	Lee	555-555-0123	daniel.lee@example.com	San Francisco	CA	Friend of a friend	Email				
11	Jasmine	Kim	555-555-4567	jasmine.kim@example.com	Seattle	WA	Coworker	Email				
12	William	Gonzalez	555-555-8901	william.gonzalez@example.com	Miami	FL	Relative	Text				
13	Emma	Cruz	555-555-2345	emma.cruz@example.com	Los Angeles	CA	Friend	Phone				
14	Ryan	Baker	555-555-6789	ryan.baker@example.com	Denver	CO	Classmate	Email				
15	Alexandra	Gomez	555-555-0123	alexandra.gomez@example.com	New York	NY	Acquaintance	Text				
16	David	Lopez	555-555-4567	david.lopez@example.com	Chicago	IL	Friend of a friend	Email				
17	Natalie	Murphy	555-555-8901	natalie.murphy@example.com	Detroit	MI	Colleague	Email				
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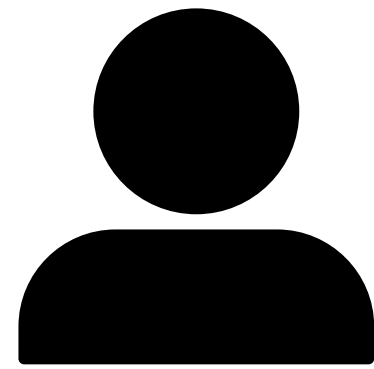
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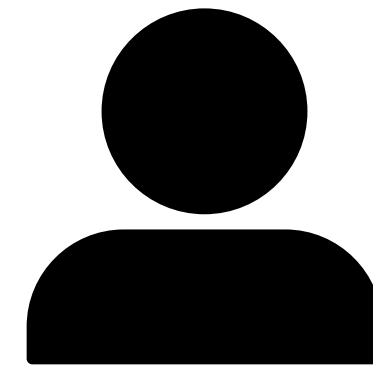
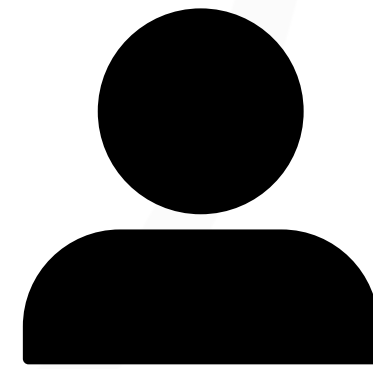
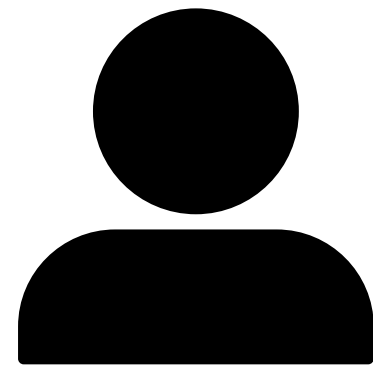
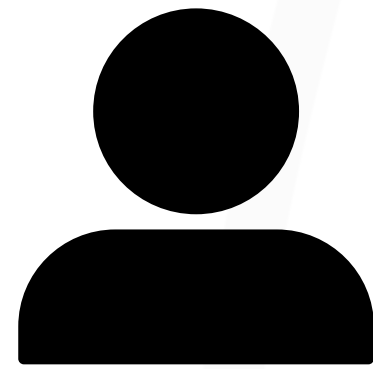
SHARABILITY IS A SUPER POWER



FIVE INTERACTIONS

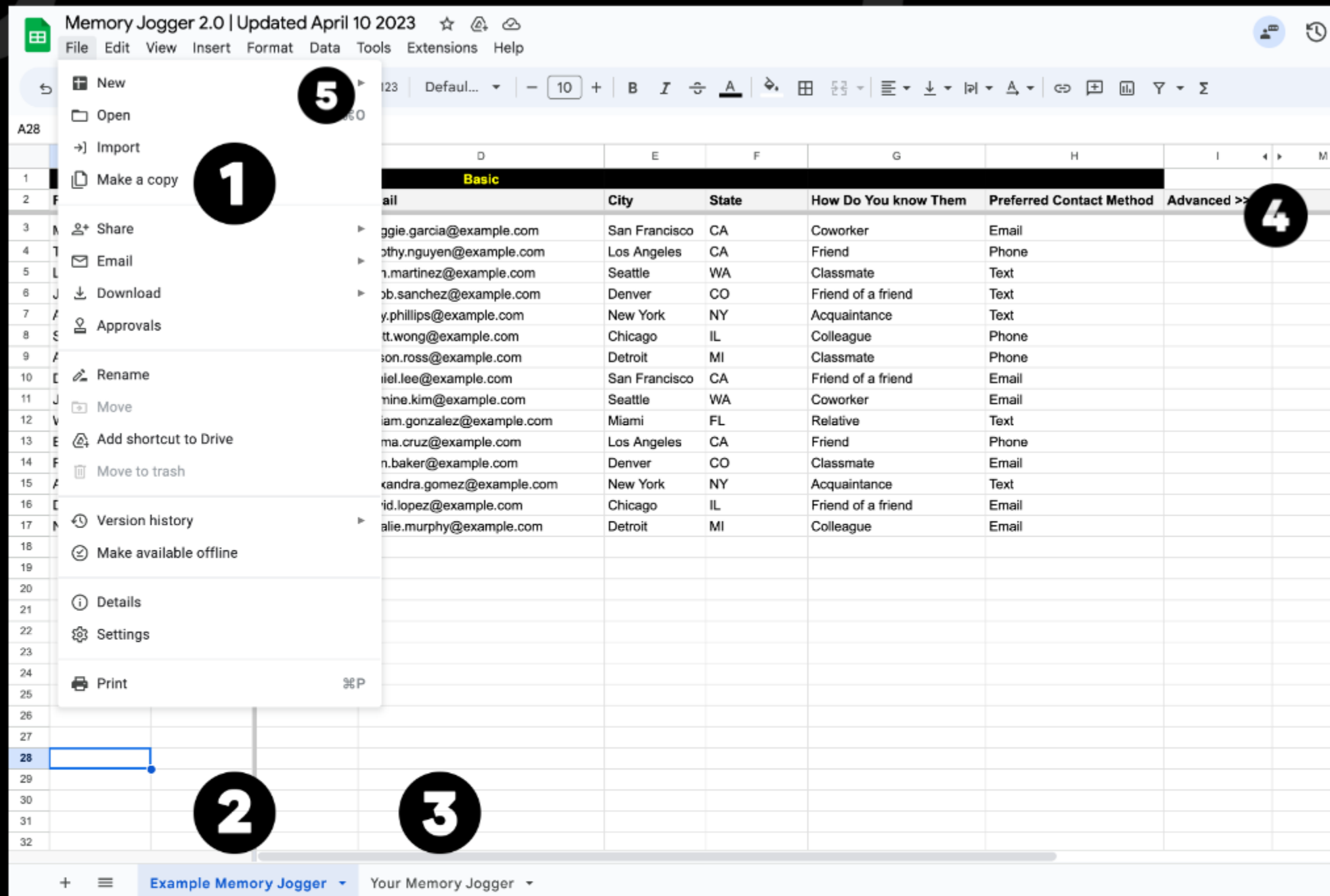


INTRO

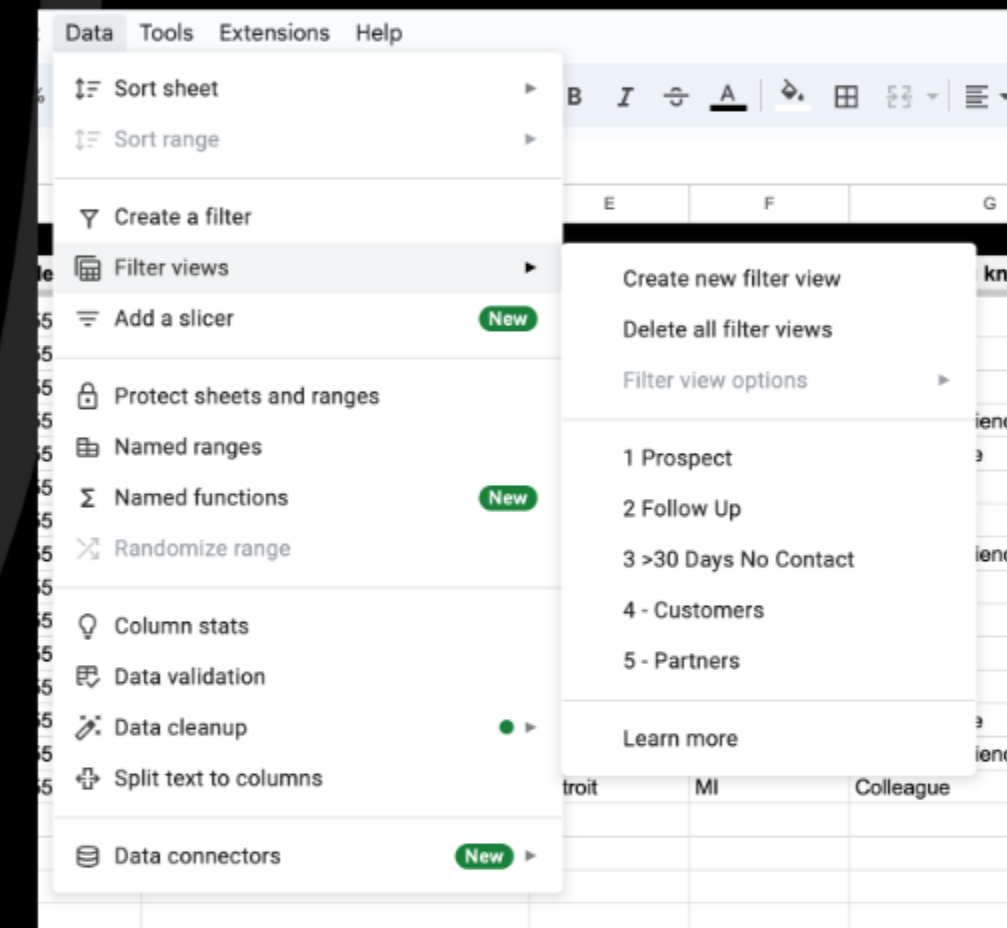


SALE





5. Filter views for advanced users



1. Make a copy for yourself
2. This sheet is an example. Feel Free to Delete
3. This is a blank Memory Jogger For you!
4. Expand the hidden rows for advance features

DAILY HABITS FOR A DYNAMIC MEMORY JOGGER

- 1 Quiet Start
- 2 Add and Update
- 3 Prioritize Prospects | Cold, Warm, Hot
- 4 Schedule Follow-up
- 5 Address > 30 Days Inactive





STOLEN MOMENTS

STEP THREE

MAKE

A PLAN



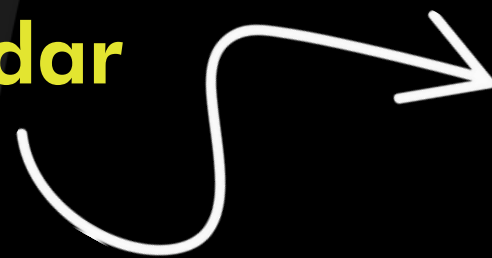
MANAGE YOUR MONTH

- 1 Start Well. Finish Strong.
- 2 Utilize Your Support Team
- 3 Use The Tools
- 4 Have A Growth Mindset
- 5 Make A Life

**MAKE
A LIFE**

Coaching

SUBSCRIBE TO THE CALENDAR
makealife.com/coachingcalendar



Make A Life Coaching



🕒 7 upcoming events

Join Curt as he teaches the principles to achieve the life you desire, not just make a living!

Add to Calendar

💡 About following a calendar ^

When you subscribe to this calendar, all of the events in the calendar will appear on your own calendar. When the calendar owner creates new events, they'll automatically appear on your calendar. It's like magic. ⭐

Powered by  AddEvent

MAKE A LIFE

Let's Do It Together

@curtbeavers | @makealifemovement